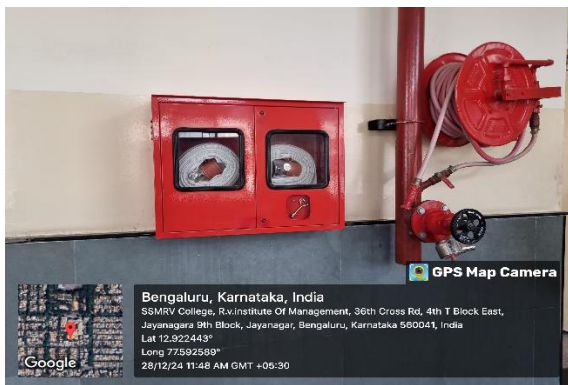
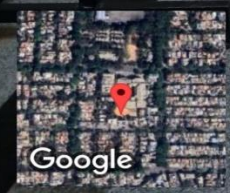
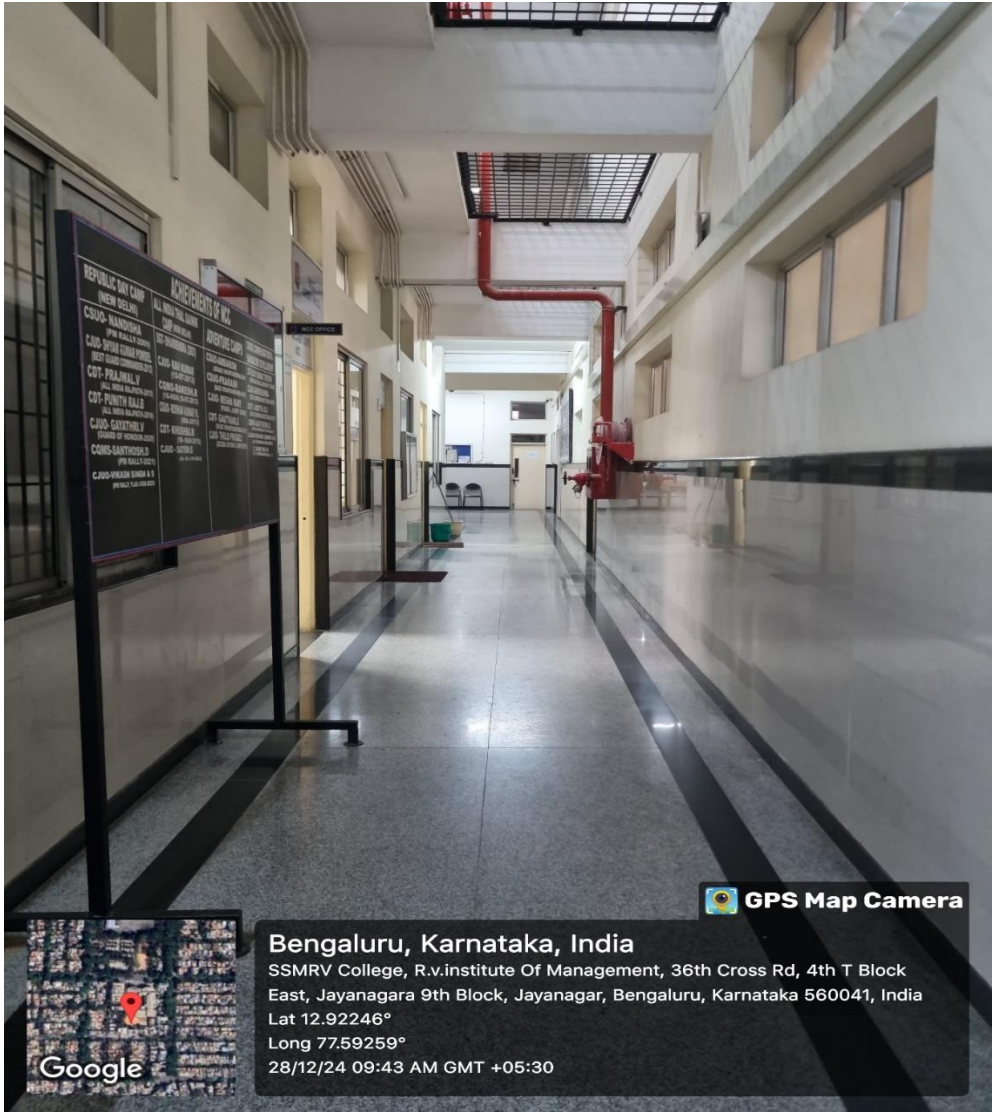


7.1.1 Measures initiated by the Institution for the promotion of gender equity during the year.

Specific facilities provided for women in terms of:

- a. Safety and security





Bengaluru, Karnataka, India
 SSMRV College, R.v.institute Of Management, 36th Cross Rd, 4th T Block
 East, Jayanagara 9th Block, Jayanagar, Bengaluru, Karnataka 560041, India
 Lat 12.92246°
 Long 77.59259°
 28/12/24 09:43 AM GMT +05:30



Bengaluru, Karnataka, India
 1007, 26th Main Rd, near SSMRV College, 4th T Block East, Jayanagara 9th Block,
 Jayanagar, Bengaluru, Karnataka 560041, India
 Lat 12.922519°
 Long 77.599128°
 28/12/24 09:57 AM GMT +05:30



Bengaluru, Karnataka, India
 SSMRV College, R.v.institute Of Management, 36th Cross Rd, 4th T Block
 East, Jayanagara 9th Block, Jayanagar, Bengaluru, Karnataka 560041, India
 Lat 12.922721°
 Long 77.592568°
 28/12/24 09:41 AM GMT +05:30


b. Counselling



c. Common Room or Ladies Room



d. Any other relevant information

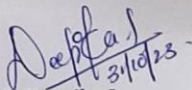


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Affiliated to
Bangalore City
University

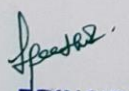
Accredited by ISAAC
with 'A' Grade

Activity Report

Academic year 2023-24 (July 2023 to June 2024)	
Name of the Activity	Trivia Tango – Quiz
Date	30/10/23
Time and Venue	2.30 pm at Seminar Hall
Mode (Online/Offline)	Offline
Please provide the you tube link (if online)	Nil
Organized by: Name of the Department/Activity Centre	Udyatana Counselling center
Event Coordinator/ Faculty In-charge	Ms Deepika L
Nature: Academic /Co- curricular / extracurricular/others	Extra-curricular
Topic/Activity	Trivia Tango - Quiz (inter-departmental quiz contest)
Resource Person Details (Name, Designation and Organization / Institution)	Nil
No of Participants	34 teams (68 students)
Objectives of the activity	To acquaint students to the club and to enhance the thinking ability through multi-disciplinary quiz.
Methodology	4 different rounds were conducted in which 34 teams participated, 7 teams were shortlisted for final round among which top three emerged as winners.
Outcome of activity	Students took part actively in the quiz & awareness of the counselling club was created to the students.
<p>A brief write-up of the event – Udyotana Office bearers along with the Convenor Ms Deepika L, Organized Trivia Tango quiz, a formal welcome was done by the student Sinchana of 5th semester B.com D sec, 4 rounds of quiz was conducted, out of 34 teams, 3 teams won the quiz competition. 1st Prize - Sri Harsha & Shyam Chari of 1st se, B.com B section 2nd Prize - Naga Suman GH & Sanchit , 5th sem, B.com D section 3rd Prize - Daksh & Anurag, 3rd Sem B.com B section Principal Ma'am gave away the prizes to the winners. A formal vote of thanks was rendered by Srineedhi of 5th semester B.com 'D' sec and concluded the event.</p>	



Ms Deepika L
Convenor



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Jayanagar, Bangalore - 41.



SSMRV College
 ESTABLISHED IN 1984
 AFFILIATED TO UGC
 AND THE STATE

UDYOTANA



UDYOTANA CLUB PRESENTS

TRIVIA tango



GET READY TO TANGO WITH
YOUR BRAIN

QUIZZES. GAMES. FUN

DATE October 30, 2023
VENUE Seminar Hall
TIME 2:30 pm



VECTOR CHALLENGE
WINNER



Ms Deepika L

CLUB CONVENOR

SSMRV COLLEGE

Dr Geetha R

PRINCIPAL

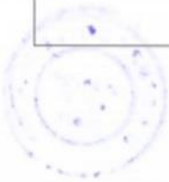
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Activity Report

Academic year 2023-24 (July 2023 to June 2024)	
Name of the Activity	Self Defense Workshop for all female staffs
Date	21 st March 2024
Time and Venue	10:00 am to 11:30 am, Multi-Purpose Hall
Mode (Online/Offline)	Offline
Organized by: Name of the Department/Activity Centre	Women Empowerment Cell, SSMRV College On the Occasion of International Womens' Day 2024
Event Coordinator / Faculty In-charge	Mrs. Shakeela. M.K Coordinator –Women Empowerment Cell, SSMRV College
Nature of event	Activity Centre- Teaching self-defense technique and strategies for all female staffs (including teaching and non teaching)
Topic/Activity	Self Defense workshop for all female staffs of SSMRV
Resource Person Details (Name, Designation and Organization/Institution)	Mr.Ravi Kumar Rohilla, Alumni SSMRV College, GENERAL SECRETARY, Traditional Shotokan karate Academy Bangalore.
No of Participants	50
Objectives of the activity	<ol style="list-style-type: none">1. Teaching practical self-defense techniques that individuals can use to defend themselves against physical attacks.2. Enhancing situational awareness to recognize and avoid potential threats before they escalate.3. Promoting confidence and assertiveness in handling confrontational situations.4. Providing strategies for de-escalating conflicts and diffusing potentially violent encounters.5. Educating participants about their legal rights and responsibilities in self-defense situations.6. Fostering a sense of empowerment and self-reliance among



	<p>participants.</p> <p>7. To equip individuals with the tools and mind-set necessary to protect themselves and others from harm while promoting personal safety and well-being.</p>
Methodology	Hands-on workshop
Outcome of activity	<p>The Self-Defense workshop is to empower participants with the knowledge, skills and confidence to protect themselves from physical harm in threatening situations.</p> <ol style="list-style-type: none"> 1. Increased Confidence of Participants as each participant learned practical techniques to defend themselves in threatening situations. 2. Enhanced Awareness of their surroundings, helping them recognize and avoid potential dangers. 3. Each participant acquired basic self-defense techniques and physical skills that can be utilized if they find themselves in a threatening situation. 4. Learning self-defense empowered each participant, giving them a sense of control over their safety and security. 5. This workshop fostered a sense of solidarity among female staff members, creating a supportive community focused on personal safety. 6. By Knowing how to defend oneself -alleviated fears and anxieties related to personal safety, allowing participants' to navigate their environments with greater peace of mind. 7. By implementing self-defense workshop in this institution increased positive impact and a culture of safety along with empowerment within the educational institution, promoting a supportive and secure environment for all staff members. <p>Overall, the outcome this workshop was to equip female staff members with the skills, knowledge and confidence to protect themselves and feel safer both in and outside of the workplace.</p>

- Invitation. 2-3 Google tagged photos & any other supporting documents





SSMRV College®

#17, 36th Cross, 26th Main, 4th T Block, Jayanagar,
Bengaluru - 560041, Karnataka, India

APARAJITHA- WOMEN EMPOWERMENT CELL
organizes

Self Defence Workshop for Faculties
An IQAC Initiative

Resource Person :



Mr. Ravi Kumar Rohilla

Certified Karate instructor,

General Secretary-Traditional Shotokan Karate Academy, Bangalore



21st March 2024



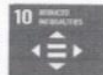
10:00 AM to 12:00 PM



Multi Purpose Hall, SSMRV College



**SUSTAINABLE
DEVELOPMENT
GOALS**

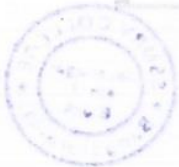


Mrs. Shakeela M K
Coordinator-WEC

Dr. Geetha R
Principal

ALL ARE INVITED

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Image(C): Self defense workshop for female faculty held on 21st March 2024



Image 21 March 2024: Self defense workshop for female faculty held on 21st March 2024



Image 21 March 2024: Self defense workshop for female faculty held on 21st March 2024





Image 11Jan24-d: Resorce person Dr.Phani Madhuri along with volunteers

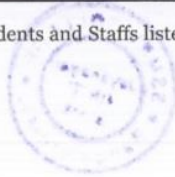


Image 11Jan24-e: Resorce person Dr.Phani Madhuri along with staff members



Image 11Jan24-f: students and Staffs listening to the Resource Person

Principal
SSMRV College
Bangalore-41





Activity to Report

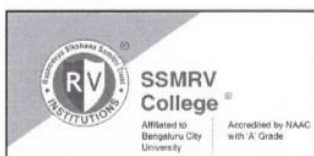
Academic year 2022-23	
1. Basic details	
Name of the Activity	Menstrual Health and Hygiene
Date	07/08/2023
Time and Venue	12:00 P.M to 1:00 P.M
Mode (Online/Offline)	Offline
Please provide the youtube link (if online)	Nil
Organized by: Name of the Department/Activity Centre	LEO CLUB
Event Coordinator/ Faculty In-charge	Ms. Neha Banu Coordinator
Nature: Academic /Co- curricular/extracurricular/others	Extracurricular
Topic/Activity	Menstrual Health and Hygiene
Resource Person Details (Name, Designation and Organization/Institution)	
Participants	Leo Club Member's
Objectives of the activity	The objective of this activity was to create awareness among the young girls the importance of maintaining and Menstrual Health and Hygiene and overall well-being and health of women. Menstrual hygiene is necessary to maintain cleanliness and prevent infection during the menstrual cycle.
Methodology	The members of the club took the initiative to distribute sanitary pads to the school girls at Anganwadi Government Girl's School 4 T Block and educated and created awareness among them.
Outcome of activity	The Leo Club wanted to convey that Proper menstrual hygiene practices can help reduce the risk of vaginal infections and other health problems related to menstruation. In addition, maintaining good menstrual health and hygiene can also help reduce the stigma around menstruation and increase awareness about it.

Neha

Neha
Ms. Neha Banu
Convenor

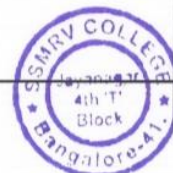



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Jayanagar, Bangalore - 41



Activity Report

Academic year 2023-24 (July 2023 to June 2024)	
Name of the Activity	An awareness programme on Anti-Ragging, Human Trafficking, and Drug Abuse
Date	17/8/2023
Mode (Online/Offline)	Offline
Organized by: Name of the Department/Activity Centre	Anti-ragging committee
Event Coordinator/ Faculty In-charge	Mr.Shashikumar Muniyappa Faculty Convenor, Anti-Ragging committee
Topic/Activity	An awareness programme on Anti-Ragging, Human Trafficking, and Drug Abuse
Resource Person Details (Name, Designation and Organization/Institution)	The police Sub-inspector of Tilak Nagar station Mr Praveen Shetty, and Ms Shameena Bhanu.
No of Participants	170 students
Objectives of the activity	The need for awareness of Anti-Ragging, Human Trafficking and Drug Abuse among the student community.
Outcome of activity	Successfully created awareness about Anti-Ragging, Human Trafficking and Drug Abuse.
<p>A Report</p> <p>The event started with Manjunath R of BCA, Who gave opening remarks about the topic for the event. He mentioned the need for awareness of Anti-Ragging, Human Trafficking and Drug Abuse. The gathering was welcomed by Kiran, of BBA, followed by Manjunath S R, of B.com, gave a Principal introduction. The topic was initiated by our Principal, Dr Geetha R, and addressed the gathering. The police Sub-inspector of Tilak Nagar station Mr Praveen Shetty, and Ms Shameena Bhanu, gave in-depth and appropriate information and awareness on Anti-Ragging, Human Trafficking and Drug Abuse. They gave measures to fight human trafficking and its related social evils, such as gender-based violence. You have to use all of the means at your disposal to raise awareness about the crime, its nature, its causes and damage to victims. The various helplines with regard to the social evils and safety measures were discussed. The token of appreciation was given by the Principal to both speakers. The programme concluded with closing remarks by Yashodha of M.com. The students actively participated in the event.</p>	





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Sivananda Sarma Memorial R.V. College



UG & PG Programmes
Affiliated to Bengaluru City University
Accredited by NAAC with 'A' Grade
Ranked among top 5 Colleges in India
(India Today - MDRA Survey 2018, 2019, 2020 & 2022)



ANTI-RAGGING COMMITTEE
Invites You
**Awareness Program On ANTI RAGGING,
DRUG ABUSE & HUMAN TRAFFICKING**

Date:- 17-08-2023
Time:- 11:00 AM - 12:30PM

Venue:- College Auditorium

Guest Speakers
Ramesh B
Praveen Shetty
Police Sub Inspector
Tilak Nagar Police Station

Dr. Geetha R
Principal
SSMRV College

Anti-Ragging Committee
Teja K R
Shashikumar M
Jagadish
R Shanthi Krishna
Guranna
Dr. Vinay T
Adv. Harish N

***WE CORDIALLY INVITE ALL
STAFF MEMBERS AND 1ST YEAR
STUDENTS***

Organized By:-
Anti Ragging Committee,
SSMRV College

Go, change the world







S. Ashwini

Principals
28/10/20
PRINCIPAL
SSMRV COLLEGE
Jayanagar, Bangalore - 41

Annual gender sensitization action plan



SSMRV College®

ANNUAL GENDER SENSITIZATION ACTION PLAN AND RELATED ACTIVITIES



APARAJITHA - Women Empowerment Cell, SSMRV College - is a Cell which provides services that address the academic, social, emotional, and personal development needs as well as the health and safety concerns of Female and Male students of the college.

Education is life, wherein, it should enable women to perform their roles/duties effectively and confidently. Women should be made aware of their rights and responsibilities towards building good society.

SSMRV College is committed to creating an Inclusive environment, taking care to cater to the needs of all sections and cultures of society. To ensure respectful and dignified behaviour and to maintain a standard at the workplace, the Institute sensitizes all the employees and follows up regularly. After admission, the new students are to bring to the sense of sensitization by regular sessions within the induction and the orientation programmes. From admission onwards the new students are to have their sessions with the psychological counsellor to positively influence them for their learning and emotional well-being.

From the beginning, the new students are to provide a mentor (who will be a teacher of his /her department). To ensure equal and unbiased measures for everyone for their teaching & learning activities. For this "No Discrimination Policy" has been strictly followed. To ensure equal rights and participations in regular cultural activities, sports, NCC, debate, celebrations, and performing arts, girl students are encouraged without any sign of gender discrimination.

Women faculties and staff members are given equal participations in different activities performed throughout the year. All the committees formed include women faculties and staffs in appropriate numbers. Awareness programme for safety and security on regular basis are conducted. Girl students have been encouraged to undertake their physical fitness by joining (separate for girls and boys) gymnasium facility provided by the institute and regular yoga classes conducted by expert trainer, arranged by the institute.

Besides these, there are a plenty of opportunity to explore other different forms of sports in the college. The Institute conducts regular meetings of the committee of the Grievance Redressal for Sexual Harassment of Women at Workplace to look after the fact that safety and security in all such aspects are maintained. Different activities and topics related to gender sensitization have been conducted by Women empowerment Cell. Classes have also been conducted on Women's Rights School of Law faculty members and NSS. Raising awareness and aspirations by conducting events and programmes on gender equity, social media and cyber security and conducted activities to make students to realize their full potential.

The institute is sensitive and committed towards gender equity issue. It has an effective women development cell which creates awareness regarding gender equity. The centre aims at creating awareness among students about respect for all human beings & that everyone is valued and favoured equally regardless of their gender. There are empowerment related activities conducted through workshop and hands on sessions.



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Bangalore



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To inculcate harmony towards cultural diversity, a number of events were organized in the Year 2023-24 Action Plan

The Action Plan focuses on honouring students as individuals, central role of experience, new role of educators, freedom of choice, spirituality, and education, educating -for literacy, for global citizenship, for human development and for participatory democracy at SSMRV College.

The Action Plan will help us, over the next years, to navigate and accelerate the gender equality journey that SSMRV College must take to improve the engagement, retention and advancement of female staff and students.

SSMRV College is committed to impart skill- and value-based education to students, through the best of academicians and professionals, to empower them to face the challenges of the competitive world. We will continue to pursue and report on statistics of the participation and experience of our staff. In adopting and implementing this Gender Sensitization Action Plan, our Institution demonstrates how it values the richness of diversity amongst its staff, and recognizes its responsibilities to take Institution wide transformative actions to enhance inclusion for all.

SSMRV focuses on inclusive education to foster the holistic development of individuals, equipping them to meet the evolving needs of society.

Empowering young minds to learn, grow, and succeed in their journey toward "Transforming the World" that is SSMRV Way of "Go, Change the World".

We SSMRV are offering equality of opportunity in education and employment. Many of our students are the first in their families and our college being a co-educational institution has secured a name in the locality as „safe and secure“ place for women students. Our success in promoting gender equality in our staff and students and retention of students and staff has been underpinned by a variety of actions and activities outlined below.





SSMRV College®

**APARAJITHA-Women Empowerment Cell, SSMRV College activity Centre –
Conducted these activities during 2023 to 2024.**

To inculcate harmony towards cultural diversity, several events were organized in the
Year 2023-2024:

**Workshop on Art, Craft and Painting Classes for 7 weeks (continuously after regular class
hours)**

Seminar on Mental Health

Seminar on Cancer Awareness

Seminar on General Health and its Effects

**ACTIVITIES planned through Action Plan by APARAJITHA-Women
Empowerment Cell, SSMRV College activity Centre – Conducted these
activities during 2024 to 2025:**

- ❖ Workshops- on gender sensitization, on empowerment, on entrepreneurship
- ❖ Art, Craft and Painting classes conducted – Programme: Hands on Workshop
- ❖ Counselling by experts
- ❖ Field trips
- ❖ Seminar/Webinar
- ❖ Inviting Keynote speakers from Other Entities who are working in the field
and who are obtaining real-world experience.
- ❖ Inviting the Experts to speak with our APARAJITHA WEC members and offer
workshops that can potentially benefit students from different undergraduate levels.
- ❖ Discussing News and Trends of the industry with the members during meetings.



Annual Gender sensitization Action Plan:

Activity	Responsibility	Action	Outcome
Infrastructure			
Ensures students safety and security in the campus	Administrative office	Installation of closed-circuit television Cameras in all prominent places	Students feel Safe and secure especially women.
A girls' common room in a college	Administrative office	For the recreation of the students in the recesses. Sometimes, student leaders address the general students to make them aware of their problems. The girls' common room has a facility of table, chairs and a mirror.	It gives students relief from stress and strain of continuous lessons.
Installation of Sanitary Pads Vending Machine	Administrative office	Self-Service Vending Machine used for dispensing Sanitary Napkins against acceptance of Rs.5 Coins.	During the menstrual period cycle, it becomes very important. One can get a sanitary pad within a minute, without going outside or waiting for someone to deliver it
Review the functioning of ICC (Internal Complaints Committee)	Chairperson of the ICC	Grievances and complaints on gender issues, ragging and Other matters are dealt with.	Since the inception of the college no such issue has Taken place.
Faculty Development			
Continue to conduct events on gender equity	Principal- Women Empowerment Cell- APARAJITHA, SSMRV College Initiated by IQAC	Raise awareness among teachers on the behaviour of the teenagers	Improved student-teacher relationship
Depute faculty to participate in programmes on Gender sensitization	Principal- Women Empowerment Cell- APARAJITHA, SSMRV College Initiated by IQAC	Train faculty to handle gender issues	Importance to values, culture and traditions stressed



Raising awareness and aspirations

<p>Conduct Events and programmes on gender equity, social media, cyber security, empowerment, health and hygiene --by conducting activities to make students realize their full potential</p>	<p>Women Empowerment Cell- APARAJITHA, SSMRV College Initiated by IAC</p>	<p>* Promoting equality and diversity, eliminating discrimination by creating an environment that reflects our commitment to social justice. * Helping students identify and develop their intellectual, supporting and cultural passions and supporting students to reach their full potential.</p>	<p>Participation of students in various – seminars, workshop, webinar, walkathon, rally, outreach programmes, cultural, curricular and extra-curricular events have improved. Their self-Confidence to face any situation has been enhanced.</p>
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Supporting success

<p>Enhance mentor – mentee relationship to provide student support services</p>	<p>Department Heads</p>	<p>Identify students financial and non - financial constraints and offer support</p>	<p>Improved student support services.</p>
<p>Analyse and improve student retention rate</p>	<p>Department Heads</p>	<p>Student engagement through Co-curricular activities.</p>	<p>Drop-out ratio is low.</p>
<p>Monitor student performance and Success rate and attainment of programme outcomes</p>	<p>Department Heads</p>	<p>Remedial classes coaching for academic examination</p>	<p>Pass percentage of students is more.</p>



SSMRV College®

Co-ordinator: Prof. Shakeela M K

CURRENT OFFICERS (MEMBERS) of Women Empowerment Cell:

We welcome prospective Students to reach out to the Members of our Current Officers Team to learn more about the Women Empowerment Cell, SSMRV College.

President	Ms. Sufiya Mehak
Vice President	Ms. Zaheera Begum
Vice President	Ms. Anjali Kumari K
General Secretary	Ms. Rakshitha C
Secretary	Ms. Bhuvanidhi S M
Joint Secretary	Ms. Anjum Kouser
Public Relations Officer	Mr. Hemanth Kumar H S
Organising Secretary	Ms. Apeksha N
Organising Secretary	Ms. Sridhathi R
Treasurer	Ms. Anagha R Dath
Cultural Secretary	Ms. Kousalya R
Cultural Secretary	Ms. Lavanya A

MEMBERSHIP:

Student can Download the Women Empowerment Cell Membership Google Application Form; fill up required details, Join the WhatsApp Group and Submit the copy with the Faculty In-charge. Invite every female and male student to associate with the Women empowerment Cell and participate whole-heartedly, willingly in the programmes organized by the Cell.

FACULTY ADVISORS INCHARGE:

- ❖ Prof. M.K. Shakeela (Convenor)
- ❖ Dr. Kavitha. H. S.



Shree
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