

Activity Report

Academic year 2024-25 (July 2024 to June 2025)	
Name of the Activity	1 Day Outbound Activity at Jollywood Studios
Date	29/08/2024
Time and Venue	Jollywood Studios, Bidadi Industrial Area.
Mode (Online/Offline)	Offline
Please provide the youtube link (if online)	Nil
Organized by: Name of the Department/Activity Centre	Adventure Club
Event Coordinator/ Faculty In-charge	Jagadish A
Nature: Academic /Co- curricular/extracurricular/others	Extracurricular
Topic/Activity	The Role of Adventure Sports in Physical and Mental Fitness
Resource Person Details (Name, Designation and Organization/Institution)	Nil
No of Participants	53 students
Objectives of the activity	 Enhance Physical and Mental Well-being Build Confidence and Overcome Fear Provide a Fun and Memorable Experience
Methodology	The Adventure Activities at Jollywood, Bidadi Industrial Area, kicked off by giving an orientation and safety briefing to participants before they dove into a range of activities such as the Sky Swinger , 360 Cycle , Zip Line , Carousel rides , Bumper Cars , Sky Roller , Rock Climbing , Tyre Climbing and water games . To add depth to the events experience beyond adventure thrills were cultural highlights like the Tribal Museum visit and movie screenings such as Wall Street that balanced both excitement and intellectual stimulation.
Outcome of activity	The Adventure Activities Event at Jollywood in Bidadi offered a fulfilling experience for students by promoting better physical health and mental strength while encouraging personal development and growth opportunities through engaging activities, like the Sky Swinger, Zip Line, Rock Climbing, Sky Cycle, water games

etc. students can boost their self-confidence by confronting their fears and improve their communication skills through teamwork and cooperation during the event.







