



SSMRV College®
#17, 26th Main, 36th Cross, 4th T Block, Jayanagar,
Bengaluru - 560041, Karnataka, India

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Activity Report

Academic year 2024-25 (June 2024 - May 2025)	
Name of the Activity	Faculty Development workshop
Date	23/09/2024
Time and Venue	Seminar Hall, 11 AM TO 1 PM
Mode (Online/Offline)	Offline
YouTube link (if online)	
Organized by Name of the Hub Head Name of the Activity Centre	International Relations office In association with Sports and wellness center Anti-Drug cell
Hub Coordinator Activity Convener	Mr.Arun kumar.R. Mrs.Vidya U.Jambagi Dr.Shashikala CS Dr.Geetanjali
Nature Academic /Co- curricular/extracurricular/others	Co-Curricular
Topic Name	Faculty development workshop on Addiction and Mental Health Awareness
Resource Person Details (Name, Designation and Organization/Institution)	1) Mr. Martin Peter Head of Operations, Samarpan Mental health specialist-UK and Asia 2) Mr. Obi Unaka Director of Residential Services, Samarpan Psychotherapist and addiction therapist
No. of Participants	54 (Teaching Staff Only)
Objectives of the activity	The FDP on Addiction and Mental Health Awareness was successfully organized by IRC in association with Anti –drug cell and Sports and wellness center on 23/09/2024 at seminar hall. The event aimed to provide participants with a comprehensive understanding of addiction and mental health issues, as well as practical strategies for prevention, treatment, and support.



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Methodology	The session was jointly addressed by both resource persons. Mr.obi onaka addressed the addiction and its related issues and Mr.Martin had addressed mental awareness. Awareness was created on substance abuse, mental disorders, treatment methods, prevention strategies, etc. by acknowledging through live examples, case studies , one to one questions.
Outcome of activity	Increased awareness of addiction and mental health issues among participants Enhanced understanding of prevention, treatment, and support strategies Improved communication and interpersonal skills Fostering a supportive and inclusive community
Feedback	Post-event feedback forms were distributed to participants to gather their impressions and suggestions. The overall feedback was overwhelmingly positive, with participants expressing satisfaction with the content, delivery, and organization of the FDP.(report is attached)

Brief profile



Martin Peters BA (Hons); Dip HE; Dip; RN CSAT III; ACRPS; SACC

[Head of Operations, Samarpan]



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- 30 years of working in Mental Health Services in UK and Asia
- A background of Psychiatric Nursing and Counselling
- 12 years of running the operations of largest private rehab provider in Thailand
- Worked as a Clinician, Consultant, Recruitment and Senior Management
- Undertaken Program Design and opened 5 programs in Thailand
- Sat on the International Standards Advisory Committee for CARF in 2015

A Registered Nurse and Certified Substance Abuse Therapist with also a Diploma in Cognitive Behaviour Therapy, Martin has been working in the mental health field since 1991 in a variety of settings including Acute Admissions, Crisis Resolution, Forensic, Addiction and Prison settings within the UK. Since 2005 Martin has worked in Asia, and is seen as one of the pioneers of International Rehabilitation in South East Asia, latterly being instrumental in founding and operating the largest private rehab group in South East Asia pre covid.

Martin is an experienced focal therapist, and group facilitator and enjoys working with clients from diverse backgrounds, from A-Listers, international sports people, high profile and high net worth individuals, to clients in the criminal justice system. Working from a client centred approach and integrating CBT, Relapse Prevention and 12 Step Facilitation Martin believes that collaborative work with client and family provide solid continuum of care.

Martin brings a wealth of experience in the role of Head of Operations.



Obi Unaka BSc (Hons); MCMI; APMAP; ACRPS; SACC



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[Director of Residential Services, Samarpan]

- Psychotherapist, Addictions Therapist, Clinical Supervisor, and member of the Chartered Management Institute & Advanced Practitioner Member of Addiction Professionals (UK)
- 28 years of developing and managing treatment programs within residential, community and criminal justice settings
- Independent Auditor of the UK CQC Residential Treatment Services, Treatment Director and Addiction Treatment Consultant
- Developed and Coordinated the Injectable Opiate Treatment Recovery Service at the Maudsley Hospital, UK
- Set up six inpatient and outpatient addiction rehabilitation services in the UK

A qualified, experienced and well-respected Psychotherapist, Addictions Therapist, Clinical Supervisor, trainer and Treatment Director, Obi holds credentials from the University of Bath, is a certified Clinical Supervisor and possesses Level 5 Certification in Management and Leadership from the Chartered Management Institute, UK.

Working as a focal therapist and group facilitator with individuals presenting with problematic substance use and process or behavioural addictions, Obi has also held strategic and operational positions as Head of Service for a Community Rehabilitation programme in Essex, UK and Treatment Director for a private residential programme in Northamptonshire, UK. He has also worked closely with other services providing consultancy on programme and operational development.

Obi is experienced in developing and managing treatment programmes within residential, community and criminal justice settings, and brings a wealth of experience to Samarpan.



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INTERNATIONAL RELATIONS OFFICE
ORGANISES

**FACULTY DEVELOPMENT
WORKSHOP**

**ON
ADDICTION & MENTAL HEALTH AWARENESS**

In association with
Anti-Drug Cell and Sports and Wellness Centre



MR. MARTIN PETERS
HEAD OF OPERATIONS, SAMARPAN
MENTAL HEALTH SPECIALIST, UK
AND ASIA



MR. OBI UNAKA
DIRECTOR OF RESIDENTIAL SERVICES
SAMARPAN
PSYCHOTHERAPIST AND ADDICTION
THERAPIST, CMI - UK

🕒 11:00AM - 01:00PM

📅 23 SEPTEMBER 2024

📍 SEMINAR HALL,
SSMRV COLLEGE

Dr. Shashikala CS
Convenor,
Anti Drug Cell

Dr. Geetanjali
Convenor,
Counselling Cell

**Mrs. Vidya
U Jambagi**
Coordinator, Sports &
Wellness centre

Mr. Arun Kumar R
IRO

Dr Geetha R
Principal

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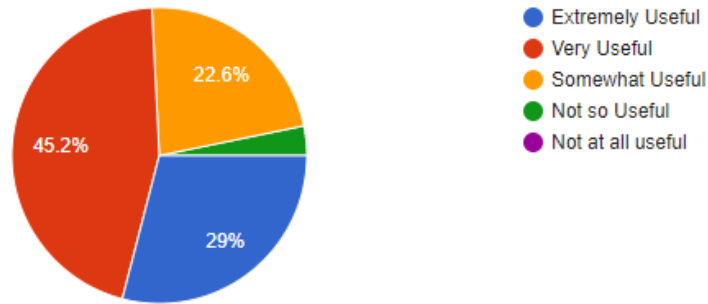
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How useful did you find the content related to addiction and mental health

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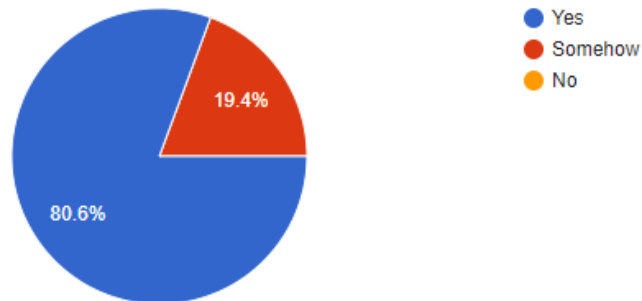
31 responses



Was the information presented in a clear and understandable manner?

Copy

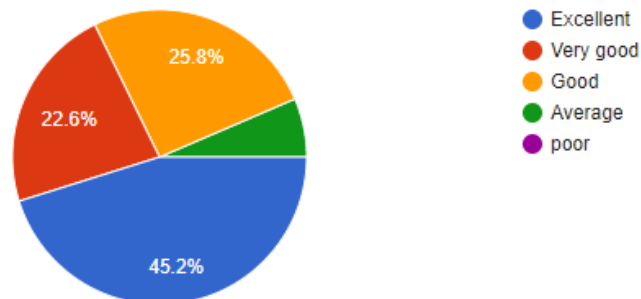
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How would you rate the resource person's knowledge and delivery?

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31 responses





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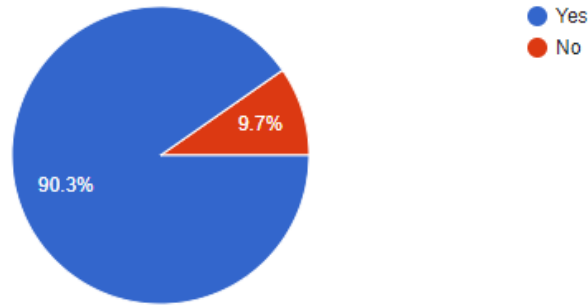
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Has this workshop increased your awareness of addiction and mental health issues?

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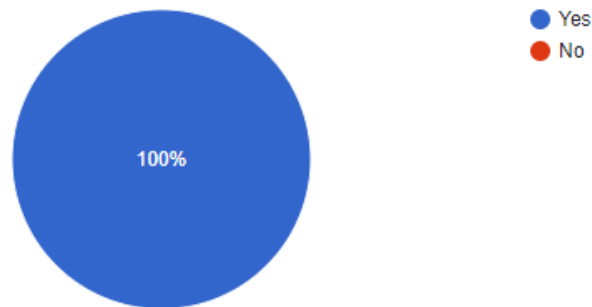
31 responses



Would you like to apply your learnings from the session for the betterment of your students?

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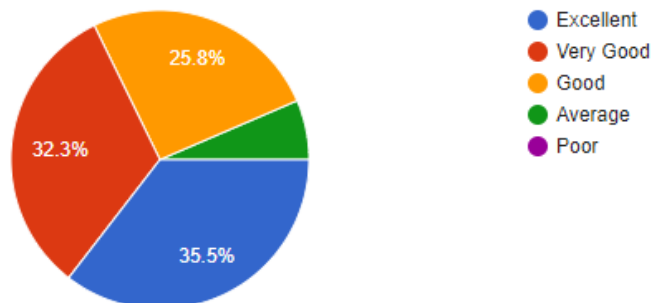
31 responses



How would you rate the overall quality of the workshop?

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31 responses





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Any additional comment or feedback?

21 responses

No

NA

Excellent

Good.

Thanks for this insightful session

It was a nice session

Indian accents of lecture would be better

Nothing as such

It could have been better

If possible, kindly arrange and conduct Individual mental health checkup camp for our staff just as the way it is done for physical health.

Nothing

More of such sessions are expected

Informative session

Thanks for the opportunity

Dr.shashikala CS
Anti-drug cell
Convener

Dr.Geetanjali
Counselling cell
Convener

Mrs.Vidya U.Jambagi
Sports &wellness centre
Hub Coordinator

Mr.Arun Kumar.R
IRO

Dr.Geetha .R
Principal